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| Birchills Health Centre | *BIRCHILLS HEALTH CENTRE* |
|  | *23-37 Old Birchills* |
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23/07/2020

**Face Mask exemption Letters: No GP medical letter needed**

Face masks or coverings are now mandatory in most public areas.

We understand that some patients will be anxious about wearing a mask especially those with certain medical conditions.

GP’s are not required or in a position to provide exemption letters for patients who believe they should be exempt from wearing a face covering.

The current guidance suggests there is no requirement for the public to provide medical evidence for exemption from wearing face masks therefore a self- declaration should be sufficient.

Please go to the **GOV.UK** link below for more information on the use of face coverings.

<https://www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-to-make-your-own/face-coverings-when-to-wear-one-and-how-to-make-your-own>

For specific requirements in reference to public transport, shops or other areas where masks are required please contact those specific companies for further information.

Some people find wearing a face covering difficult because of disability or extreme distress. The following cards can help you explain why it is difficult to wear a face covering. You can print the card out or store it as a photo on your phone.



